

In response to the healing ministry of Christ, we aspire to promote physical, emotional and spiritual health and well-being through our ministries of compassion and care.

You are invited to join with other members and friends of First United Methodist Church in putting a human face and a personal touch on our ministries. By sharing in one of our Parish Care Ministries, you can help embody the loving presence of Christ in the world.

What is the role of the Director of Parish Care Ministries?

Sage River, our Director of Parish Care Ministries, is available to assist members and friends of FUMC with health and wellness issues in a variety of ways. Some of her activities include: making home, hospital and nursing home visits; providing support and counseling on health-related issues for individuals and their families or loved ones; making referrals to community resources; providing support for those experiencing grief and bereavement; and sharing resources on different health-related topics and illnesses. Please contact Sage at 354-5484 or email her at sage-river@icfirstchurch.org if she or the Parish Care Ministries can support you or your family.

24/7 On-Call Number:



Because we all know that crisis situations don't always occur Monday through Friday from 8 to 4, First United Methodist Church has a 24/7 on-call system, with a member of the pastoral care staff on-call after office hours. If you have an urgent care need that occurs after office hours, you may call the church office number: 337-2857, and the message you hear will include the phone number of the person who is on call that week. Urgent care needs may include such things as injury, hospitalization, death, or family break-up. In keeping with the Core Values of First United Methodist Church, we want to be present for you when we are needed.

PARISH CARE ENCOMPASSES THESE GROUPS:

VISITATION MINISTRY: Regular visitation with person(s) in Nursing Homes or Homebound. Training and support provided.

BEREAVEMENT CARDS: Send notes of sympathy following a death. Cards and supplies provided.

BIRTHDAY CARDS: Help to send cards to those in nursing homes or homebound. Cards and supplies are provided.

CHRISTMAS CARDS: Help children as they decorate cards, and address and send cards to nursing home and homebound persons.

CARE NOTES DISPLAY: Help to order materials & stock the "Care Notes" displays.

BLUE CHRISTMAS TREE: Assist with a special, healing Christmas experience during the Christmas season, for people who have experienced a loss.

COMFORT SHAWLS: Knit or crochet shawls for people who are experiencing illness, loss, or other difficulties.

CELEBRATION & SUPPORT DINNERS: Provide meals for families with a newborn, or to those who need extra support during or after a hospitalization.

BLOOD PRESSURE: Help to conduct periodic blood pressure screenings at the church.

EMERGENCY/FIRST AID ACCESSIBILITY: Update and distribute information on first aid supplies & emergency guidelines.

FIRST AID SUPPLIES: Stock First Aid cases with supplies/equipment.

PLEASE CONTACT US FOR MORE INFO OR IF YOU WOULD LIKE TO PARTICIPATE.

MENTAL HEALTH/COMPEER: Provide outreach, support, and education about mental illness.

AUTOMATED EXTERNAL DEFIBRILLATION: Receive training and be proficient in using this device to assist with a cardiac emergency.

HEART HEALTHY DINNER: Help to plan, organize, and in tandem with the ASP smorgasbord, serve a meal which incorporates dishes which are good for heart health.

WOMEN'S HOSPITALITY BASKET: Provide and stock basket of sanitary supplies for women's restrooms.

HOMECOMING SERVICE: Help to organize a service for homebound & retirement center residents.

TRAINING AND ON-GOING SUPPORT ARE PROVIDED FOR ALL AREAS OF MINISTRY.



Contact Info

**Sage River
Director of Parish Care
Ministries**
sage-river@icfirstchurch.org

319-354-5484

On-Call Line
319-337-2857

Church Office
319-337-2857



www.icfirstchurch.org



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Parish Care Ministries

