

first Edition

A bi-weekly publication of the First United Methodist Church



Vol. 36, Issue 1, January 5, 2010
Looking Ahead in Worship...

January 9, 2010
1st Sunday After the Epiphany
Baptism of the Lord
Services at 8:00, 9:15 & 10:30 am

Scripture

Matthew 3:13-17

Sermon

Going to the River

Rev. Barrie M Tritle

Music Ministry

@ 8:00 a.m. Cornerstone Service

Fairest Lord Jesus

Samuel Kwok, piano

@ 9:15 a.m. Sanctuary Service

Light of the World and

Come Be Baptized

The Sanctuary Band

@ 10:30 a.m. Koinonia Service

Fairest Lord Jesus

Samuel Kwok, piano

A Baptism Carol

The Chancel Choir

January 16, 2010

2nd Sunday After the Epiphany
Human Relations Day
Services at 8:00, 9:15 & 10:30 am

Scripture

John 1:29-42

Sermon

We Have Found the Messiah

Rev. Barrie M Tritle

Music Ministry

@ 8:00 a.m. Cornerstone Service

J. S. Bach's *Tocatta in J*

Suzanne Smith, saxophone and

Samuel Kwok, piano

@ 9:15 a.m. Sanctuary Service

Cry of My Heart & You Are My All in All

The Sanctuary Band

@ 10:30 a.m. Koinonia Service

J. S. Bach's *Tocatta in J*

Suzanne Smith, saxophone and

Samuel Kwok, piano

Praise to the Lord

The Chancel Choir

First Friday Live!



A monthly program for elementary and preschool age children and their families.

First Time: Friday, February 4
5:30 p.m. -- 7:30 p.m.



Dinner and a Movie
for FAMILIES

Prepared together

"Finding Nemo"



Pulpit Exchange & Soup Lunch

On January 23, 2011, we will be sharing a pulpit exchange with St. Mary's next door! To celebrate this event, we at First UMC will be hosting a soup lunch to follow our morning services. This is a great way for us to meet the new Priests next door as well as build community with our neighbors at St. Mary's. Any goodwill donations collected for this event will go to the Common Fund. We hope you'll be able to join us!

We will need bakers and home chefs who can provide a pot of their favorite soup and/or a dessert (bars and cookies) for this event. If you can help please contact Diane Duncan Goldsmith at 354-7466 or email: ddgoldsmith.icia@gmail.com before Sunday, Jan. 16, 2011.

Thank you! --Interfaith Committee



Have a Blessed, Joyous, Healthy and Fruitful New Year!

It's another New Year! Many thanks to our guest organist Patrick Budelier, violinist Ronda Marshall, cellist Terry Sims and the Sanctuary Band for sharing their musical gifts on the FIRST Sunday in 2011. All of our music ensembles have begun their regular rehearsals for this "Spring Semester." I would like to encourage all interested singers and players to join one or more of our musical ensembles. I also want to invite soloists to share your musical gifts in our worship services. Please contact me if you would like to present a solo or an ensemble work in our worship services. Again, there is a place for you in the Music Ministries here at **FUMC!**

Many thanks to the following brothers and sisters for sharing their musical gifts during the Christmas season: Michael Davidson, Pastor Jonathan Fell, Wesley Chimes, Mark Sadewasser, Amy Ostrem, Wendy Ostrem, Suzanne Smith, Children's Choir, Jon Cryer, *the Langguth Piano Trio* (Anne, Kathryn and Nancy), Jim Hall, and Mollie & Shannon Hammer.

Great thanks to all the greeters, ushers and Bob Hall for coordinating this important ministry, Robert Buckman and Janica Kwok for operating the A/V system on Christmas Eve. Thanks to our dedicated computer inputting team members for enhancing our worship experience. Special thanks to the worship visual arts team members and Sue Mullins for preparing a very joyous atmosphere for us! How great that we have so many sisters and brothers to participate in our Worship and Music Ministries! I highly encourage you to be one of us in this new year! May you have a blessed, joyous, healthy and fruitful New Year!



*Your brother in Christ,
Samuel*

The Wesley Chimes practicing in Room 205.



Follow the Word, Transform the World.

This year \$1 more of the cost of your ASP Superbowl Sub will support the ASP trip: 6-inch sub for \$6. Order starting Jan 16. Pick up your subs Feb 6 after church. Details next edition. Learn about ASP at <http://asphome.org>

HAPPY NEW YEAR, CHURCH MEMBERS AND FRIENDS!

Here we are, off on another new year in our journey of faith and service. But let's not forget what we've just experienced. Let me share this Ann Reems poem with you...

Later

*Later,
after the angels,
after the Child,
they went back...
as we always must,
back to the world that doesn't understand
our talk of angels and stars
and especially not the Child.
We go back complaining that it doesn't last.
They went back singing praises to God!
We do have to go back,
But we can still sing the alleluias!*

As you recuperate from the holidays and resume your "normal" life, please remember that we're still here: Sunday mornings filled with worship and learning and fellowship; choirs rehearsing once again; youth group meetings and adventures; opportunities to serve in a variety of ways.

A new addition to the calendar will be a Children and Families program called **First Friday Live!** which will debut Friday, February 4th at 5:30 p.m. with dinner and a movie for families with elementary-age children. Mark your calendars and watch the newsletter and mailbox for more information.

Come back...come back, so we can continue to sing the alleluias!

Blessings in Christ,
Rev. Patte

Sign Up for Altar Flowers

Altar flowers certainly make a beautiful addition to our worship experience at First United Methodist! Let us help you celebrate a special occasion by signing up to have an arrangement made for display at church. Simply choose a date that works for you and sign up on the Floral Calendar located in the Alley Entrance, or call the church office. You will place the order for your arrangement with the florist of your choosing; and they can deliver the flowers to the church on the Friday before your chosen Sunday. To avoid obscuring the cross on the altar; an ideal arrangement size is no more than 26" in height. You are welcome to take your arrangement home after the last service or allow the office staff to enjoy it the remainder of the week. If you have questions, please contact the office staff.



Please consider the gift of flowers to FUMC!

HONOR LOVED ONES VIA RADIO SPONSORSHIP

The cost to sponsor the radio broadcast is \$85. Please send a check made payable to First United Methodist Church, noting what date you are signed up to sponsor the radio broadcast. The sign-up calendar can be found right below the flower calendar in the alley entryway or you may call the church office at 337-2857.



Growing in Health & Wholeness:

RESOLUTIONS

Anyone who knows me well at all, knows I have dogs (well, two cats now, too, but that's another story). And my dogs (and cats) are a big part of my life: I would go so far as to say they are almost essential in keeping me sane and healthy. All my animals are 'rescues', meaning they all came out of less than ideal situations, and one of them has some special needs. I must admit to loving her the most.



She has been with me now for 8+ years, and she is still afraid of all humans on the planet save for me, a friend we walk with, and my 32 year old son. Her name is Neekoh, and she is a small border collie. I love her with a huge part of my heart and will go to great lengths to be sure she feels safe and happy, and when it is 'just us' at home, she is happy, and funny, and even feisty sometimes, which just makes me feel overjoyed with happiness and gratitude. I take very good care of her.

I'm trying to be as nice to myself as I am to Neekoh. That's a goal I'm working towards, and for me, it feels enormous. Recall the passage, "Thou shalt love thy neighbor as thyself." It is found so many places in the New Testament: (Matthew 19:16, Matthew 22:39, Mark 12:31, Romans 13:9, and even more.....) You get the idea Jesus thought it was pretty important.

How does this connect with my love for my dogs, you ask? A teacher I had a long time ago in a religious studies class talked about how this passage says, "Love thy neighbor as thyself." Not that you love them more or less than you love yourself, but as. For me, this has tremendous significance. Like many people, it is much easier for me to be kind to other than people than to be kind to myself. Like many people, I can judge myself very harshly, and hold myself to impossible standards.

So I'm trying to be as kind and nurturing to myself as I am to Neekoh. I'm never impatient with her, and I certainly never say anything critical or harsh to her. I reassure her that she is safe and loved and cared for, and I treat her gently and with love. Why can't I do that more for myself? Why is it that so many of us are by far our own harshest critics? If we could truly love ourselves 1% as much as God loves us, we'd all be 400% happier, and I really do think that is what God wants. Isn't that when we do our best work, and when we are best able to absorb and then radiate God's love to others?

But it takes a genuine commitment, for me at least, and for many of you, I would imagine. Each time I find that I'm criticizing myself or berating myself for some short coming or mistake, I am trying to stop and notice, and then gently remind myself that God would *never* berate me like that for being a human who sometimes makes mistakes. I am trying to be as kind to myself as I am to Neekoh. That's my resolution.

"Love thy neighbor as thyself,"
Sage River
Pare Care Ministries



HAPPY BIRTHDAY

Jan 5

Ida Belle Paterson
Jim Ridenour
Ashley Bentler

Jan 6

Beverly Yoder
Lynn Colony
George Khal
Julie Ostrem
Sherry Mars
Graham Beckman
Ruby Frank

Jan 7

Betty Warner
Lelia Helms
Myron Welch
Dwight Schuessler
John Ruyle

Jan 8

Michael Shaffer

Jan 9

Von Lilly
Bill Burger
Steve Houghton
Katherine Fiermoen
Liz Swanton

Jan 10

Mardella Carlson
Leora Hein
Ashleigh Seydel

Jan 11

Kazi Alward
Stacey Moss

Jan 12

Barb Hansen
Sherri Lennarson
John Nichols
Ashley Wolfe

Jan 13

Bill Shaffer
Elaine Swails
Don Northup
Jolene Raab

Jan 14

Betty Ketchum
Linda Boyles
Charles Thiede
Errin Frank

Jan 15

Mary Sewall
Robert Weir
Amy Ostrem

Jan 16

Phyllis Zinkula
Joann Moss
Barbara Barnes
Lou Crist
Janis Brezina
John Millsap
Mitch Beckman

Jan 17

Maxine Miller
Jeremy Faden

Jan 18

Penny Hall

AFFINITY GROUP NEWS

What is an Affinity Group? It is a group of people who collectively pursue a common interest. And, at First United Methodist Church, there are several such groups covering a variety of interests.

BOOKS AND BAGELS will meet January 16th at the home of Jim and Jan Down, 12 Valley View Circle NE, Iowa City, to discuss *Double Take: a memoir* by Kevin Michael Connolly. Discussion leader is Ken Royar. More readers are always welcome. Contact Jan or Jim at 354-1820 for directions to their home.

Senior Affinity Group: The next meeting of the Senior Group will be on Wednesday, January 12th, from 2 to 4 p.m. at Walden Place. Pastor Jonathan will be our guest, and he will probably even stay and eat cookies with us. And maybe we can even talk him into singing a hymn or two with us, also (but I haven't asked him that yet). Please feel welcome to come and get to know our Associate Pastor a little better, and give him an opportunity to get to know you, as well. For more information, please contact Sage at 354-5484 or sage-river@icfirstchurch.org.

And, I want to say a big thank you to Betty Jo Wilcox, and her son, Dan, who helped us learn a great deal about the Hand Chimes in December, and even taught us to play them a tiny bit. It may look almost effortless to those of us appreciating the music, but I can assure you it is very difficult, and those bells are *heavy!* Much appreciation goes out to our Hand Chime players, and to Betty Jo and Dan for enabling us to experience a bit of what it is like to try to play them.

Please consider joining one of these Affinity Groups.

Group Theme

Senior Friendship
& Support Group
Bicycling Affinity Group
Bluegrass
Books And Bagels
Doers of the Word
Dorcas Group
Environmental Action
Families with Children
Films For Fun 'N Faith
Flames Softball Team
Hiking Affinity Group

Contact Person

Sage River (sage-river@icfirstchurch.org or 354-5484)
Jan and Jim Down (jjdownic@mchsi.com or 354-1820)
Maynard Smith (maynards@q.com or 337-9901)
Betty Mitchell (354-1225) or Nancy Johns (njohns27@mchsi.com)
Sue Mullins (339-0984) or Linda Fink (338-2860)
Bernie Mulford (337-6680)
Mark Madsen (mark-madsen@uiowa.edu)
Tricia Ross (351-0823)
Lou Crist (338-5014)
Jane Driscoll (JDRISCOL@aol.com)
Bruce Tarwater (bruce-tarwater@uiowa.edu or 325-7595)



Take time to pray - Our Church Family

We Celebrate With:

- Casey & Brandon Fitz on the baptism of their son, Bryer Wayne Fitz, on 1/2/11,
- Shawn and Laura Johnson on the baptism of their daughter, Nelina Christine Ketchum Johnson on 12/19/10,
- Our new members who joined 12/19/10 – Kris & Kerstin Marnim, Bob & LeeAnn Gilroy, & Michael & Becca Wright.

We Pray For:

- The family of Myrna Karsten, who died at home on Dec. 29. Services for Myrna were held on Tuesday, Jan. 4 in our Sanctuary,
- Those from our congregation whom we know to be hospitalized:
Mercy: Jack Yanaush and Margaret Morgan,
- All those in need of continued healing including:
Patte Henderson's brother, Eric Renz, as he recovers from brain surgery,
Kathy & Rufus Kuhn, who attend services here; Rufus' mother, Elsie Kuhn, died on December 21,
Jan Moss, who lost her sister, who was her last sibling, on December 26,
Helen Looper, as she deals with some health concerns in the Oaknoll Health Center,
Harold Giddings, brother-in-law of Brenda, who has a recurrence of prostate cancer,
Tim Wildes, Flames player, who had surgery to repair an injured knee,
LaVonne Kirkpatrick, sister of Florence Millsap and aunt of Janice Rayner, as she recovers from back surgery on December 15 in Houston, TX,
Judy Madsen's brother, Tony, who suffered a stroke Tuesday, November 2, had urgent surgery Sunday, December 5, and is in a nursing home in Rockford,
Ferne Higdon at home at Melrose Meadows with Hospice care,
Dorothy Theobald, who is receiving Hospice care at Lantern Park,
Skyler Moss, son of Sonya & Steve, undergoing testing to rule out further cancer,
Myrtle Felkner, mother of Joan, who is recovering from illness and hospitalization,
Don Jirak, friend of Suzanne Smith, who is recovering from pancreatitis in Sleepy Eye, Minnesota,
Cathy Nelson, co-worker of Judy Best, whose son, James, became lost in the CO mountains, while hiking,
Jo Hoover, who is recovering from back surgery,
Marlys Stariha, mother of Danette Frauenholtz, who is undergoing chemotherapy for Stage 4 lung cancer in Richmond, VA,
Sharon Campbell, who is suffering from an aggressive bone cancer; Sharon is the aunt of Sherry Mars,
Ron Krueger, friend of Connie & Jim Olson, as Ron undergoes treatment for lung cancer,
Chris Clarke & Jennifer Parrish, friends of Kirk & Ann Perreau, as Chris recovers from a recent stroke,
Elaine Cope, friend of Joyce & Steve Marner, as she undergoes treatment for a 3rd recurrence of cancer,
Michael Flynn, friend of Cindy Cobb, as he is treated for Stage IV cancer,
Ginnie Woodard, who has been diagnosed with adenocarcinoma; she is a friend of Matt Downen,
Danelle Beckman, sister of Mitch Beckman, who is recovering from surgery for thyroid cancer,
Mitch Beckman's father Ray, who is receiving treatment for Stage IV lung cancer at a hospital in Wisconsin,
Barbra Johnson, friend of Jan Vaught Brezina, as she undergoes chemo and radiation for breast cancer in Kansas City,
Chris Goodale and family, friends of the Zierke family, as Chris continues recovery from a stem cell transplant for Non-Hodgkin Lymphoma,
Steve Wade, brother of Terri Wade, who is receiving chemotherapy for Stage III colon cancer,
Carolyn Kirkman, granddaughter of a friend of Doris Hughes, undergoing treatment for colon cancer,
Conan Dalton, brother-in-law of Jennifer Ballard, who has an inoperable brain tumor,
Martha Johnston & Phyllis Floyd at Oaknoll, and all those in our congregation who are at home or residing in nursing homes or extended care facilities.
- Those serving in our military:
Joshua Klinzman, grandson of Derrill & Irene, deployed to Afghanistan,
Martin Roerman, serving in Afghanistan; Martin is the husband of Angie, and father of Kaitlyn, Dan, Meredith, and Anna,
Chris Rew, son of Terry & Sue Rew, deployed to the National Guard,
Jeremy Hahn, nephew of Judi and Jeff Barta, who is serving in Afghanistan,
Nathan Platz, son of Bob & Kristy Walker, who is now in Virginia,
Joseph Russell, son of Mary Lou Russell, serving in South Korea,
Alan G. Kellogg, son of Gary & Catherine Kellogg, now serving in Iraq,
Chris Miller, son of Harvey & Maxine Miller, who is serving with Army Special Operations,
- The healing of breaking and broken relationships,
- For those struggling with mental illness that they may receive the medical care they need,
- The mission, ministries and staff of First United Methodist Church,
- Bishop Julius Calvin Trimble, East Central District Superintendent David Crow, Field Outreach Minister Jill Sanders, the Iowa Annual Conference, and the East Central District.
- All those who have been impacted by earthquakes, floods, tornadoes, oil spills, hurricanes and other natural disasters in Iowa, the United States and throughout the world,
- Peace with justice for the world.

12/19/2010 PRESENCE

8:00	88
9:15	76
10:30	238
Total	402

12/24/2010 PRESENCE

5:00	111
7:00	334
11:00	101
Total	705

12/26/2010 PRESENCE

10:00	194
Total	194

1/2/2011 PRESENCE

8:00	68
9:15	70
10:30	167
Total	305

READING THE NEW TESTAMENT IN 90 DAYS is being offered as a challenge to staff, members, families and friends in this new year. You will find it below. If you would like a copy of the readings to use as a sturdier bookmark, there are laminated copies of the readings in the Narthex on the Visitor's Table. Also, a new translation of the New Testament called the *Common English Bible* is available in the Narthex for \$5.00 per copy on Sunday morning. Please leave payment in the basket near the Bibles.



NEW TESTAMENT NINETY DAY READING PLAN

If you've always wanted to read through the Bible but never found an entry point to get started, the New Testament is a great place to begin. With this Bible reading plan, you will typically read two to three chapters each day for ninety days.

- | | | |
|-------------------|-----------------------|----------------------------|
| 1. Matthew 1-2 | 31. John 1-3 | 61. 1 Corinthians 9-11 |
| 2. Matthew 3-4 | 32. John 4-5 | 62. 1 Corinthians 12-14 |
| 3. Matthew 5-7 | 33. John 6-7 | 63. 1 Corinthians 15-16 |
| 4. Matthew 8-9 | 34. John 8-9 | 64. 2 Corinthians 1-3 |
| 5. Matthew 10-11 | 35. John 10-11 | 65. 2 Corinthians 4-6 |
| 6. Matthew 12-13 | 36. John 12-14 | 66. 2 Corinthians 7-9 |
| 7. Matthew 14-16 | 37. John 15-17 | 67. 2 Corinthians 10-11 |
| 8. Matthew 17-18 | 38. John 18-19 | 68. 2 Corinthians 12-13 |
| 9. Matthew 19-20 | 39. John 20-21 | 69. Galatians |
| 10. Matthew 21-23 | 40. Acts 1-2 | 70. Ephesians |
| 11. Matthew 24-25 | 41. Acts 3-4 | 71. Philippians-Colossians |
| 12. Matthew 26-28 | 42. Acts 5-7 | 72. 1 Thessalonians |
| 13. Mark 1-2 | 43. Acts 8-10 | 73. 2 Thessalonians |
| 14. Mark 3-4 | 44. Acts 11-13 | 74. 1 Timothy |
| 15. Mark 5-6 | 45. Acts 14-16 | 75. 2 Timothy |
| 16. Mark 7-8 | 46. Acts 17-18 | 76. Titus-Philemon |
| 17. Mark 9-10 | 47. Acts 19-20 | 77. Hebrews 1-5 |
| 18. Mark 11-12 | 48. Acts 21-22 | 78. Hebrews 6-9 |
| 19. Mark 13-14 | 49. Acts 23-24 | 79. Hebrews 10-13 |
| 20. Mark 15-16 | 50. Acts 25-26 | 80. James |
| 21. Luke 1-3 | 51. Acts 27-28 | 81. 1 Peter-2 Peter |
| 22. Luke 4-5 | 52. Romans 1-3 | 82. 1 John-3 John-Jude |
| 23. Luke 6-7 | 53. Romans 4-5 | 83. Revelation 1-3 |
| 24. Luke 8-9 | 54. Romans 6-8 | 84. Revelation 4-6 |
| 25. Luke 10-11 | 55. Romans 9-10 | 85. Revelation 7-9 |
| 26. Luke 12-14 | 56. Romans 11-13 | 86. Revelation 10-12 |
| 27. Luke 15-17 | 57. Romans 14-16 | 87. Revelation 13-15 |
| 28. Luke 18-19 | 58. 1 Corinthians 1-3 | 88. Revelation 16-18 |
| 29. Luke 20-22 | 59. 1 Corinthians 4-6 | 89. Revelation 19-20 |
| 30. Luke 23-24 | 60. 1 Corinthians 7-8 | 90. Revelation 21-22 |



THANK YOU TO THE CHRISTMAS LUMINARIES TEAM!

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Custodian
Teresa Schulte

January 5, 2011

Vol. 36, Issue 1

Radio & Television Ministry: You can listen to a 30 minute radio broadcast of a portion of one of our services on Sunday mornings over KXIC (800 AM) from 9:30 to 10:00 a.m. Our Koimonia Service is broadcast on Public Television Channel 18 on Wednesdays



Return Service Requested

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