

first Edition

A bi-weekly publication of the First United Methodist Church



Iowa City, IA 52245

Vol. 36, Issue 5, March 2, 2011
Looking Ahead in Worship...

March 6, 2011
Transfiguration Sunday
Holy Communion
Services at 8:00, 9:15 & 10:30 am

Scripture

Matthew 17:1-9

Sermon

Changing

Rev. Dr. Barrie Tritle

Music Ministry

@ 8:00 a.m. Cornerstone Service
Michael Davidson, organ

@ 9:15 a.m. Sanctuary Service
*Lift Up Your Eyes and
Great and Mighty Is He*
The Sanctuary Band

@ 10:30 a.m. Koinonia Service
Lord, I Lift Your Name on High
by Rick Founds

The Children's Choir
Let There Be Light by Gilbert Martin
O Sacred Feast by Healey Willan
The Chancel Choir

March 13, 2011
First Sunday in Lent
Services at 8:00, 9:15 & 10:30 am

Scripture

Matthew 4:1-11

Sermon

Bread

Rev. Dr. Barrie Tritle

Music Ministry

@ 8:00 a.m. Cornerstone Service
Michael Davidson, organ

@ 9:15 a.m. Sanctuary Service
Lamb of God and We Fall Down
The Sanctuary Band

@ 10:30 a.m. Koinonia Service
O Love, How Deep by Everett Titcomb
May the Lord Go with You
by Anna Laura Page
The Chancel Choir

Lent, 2011, at First United Methodist Church . . .

Ash Wednesday



The prayerful, penitential season of Lent begins on Wednesday, March 9 with Ash Wednesday. You are invited to share as fully as possible in all the observances on Ash Wednesday as together we enter this season of prayer and preparation at First United Methodist Church.

Brief Midday Ash Wednesday Service @ 12:15 p.m.

Open Time of Devotional Prayer and Meditation @ 4:00 – 6:00 p.m.

You are invited to come as you wish during that time to pray and to prepare yourself for this season of repentance and renewal. Printed Devotional Guides will be available for your use.

Ash Wednesday Family Meal @ 6:00 p.m.

All are invited to share in this "preparation" meal for the season of Lent. A free-will offering will be received.

Ash Wednesday Worship Service @ 7:00 p.m.

Pastor Barrie's message *Meeting God in the World* will be based on Matthew's Gospel chapter 6, verses 1-6 and 16-21, and the Chancel Choir will sing Jean Berger's *Create in Me a Clean Heart*. Also during this service there will be the Imposition of Ashes.

All are welcome to attend.



TIME CHANGE NEXT SUNDAY, MARCH 13

Remember that we "Spring Forward" one hour next Sunday, March 13. Setting your clocks ahead when you go to bed Saturday night or changing them when you awaken on Sunday will ensure that you "get to the church on time."



Music During the Lenten Season

Many thanks to the Wesley Chimes, Jesse Helgerson and the Jubilation Ringers for sharing their musical gifts the last two Sundays! All of our musical groups are preparing Lenten and Easter music. I hope we can make music with you in our ensembles. I also want to thank our greeters, ushers, audio and video operators, and computer inputting team members for serving us in worship. If you would like to prepare or serve in our worship services, please do not hesitate to contact me or church office. I look forward to worshipping with you here at FUMC!

In Christ,
Samuel



Would you like to be one of our greeters or ushers for the Sanctuary Service? Please do not hesitate to contact Samuel Kwok!



DeVotchka at First United Methodist Church

SCOPE Productions and The Mission Creek Festival have the pleasure of announcing DeVotchKa will headline the Mission Creek festival at the First United Methodist Church on Saturday April 2, 2011.

Describing DeVotchKa's upcoming performance as intimate would be an extreme understatement. The final show of their Spring tour will take place inside of The First United Methodist Church located on 214 East Jefferson Street; it is a picturesque and hallowed ground of rich acoustics that are sure to resonate with the haunting melodies of lead singer Nick Urata's ethereal voice.

Picking up one of many DeVotchKa records, one will find it powerfully packed with masterfully orchestrated music. They bring a unique blend of Romani, Greek, Slavic, Bolero, and Mariachi music to the forefront of their composition making them definable only unto themselves. Their intricate musical scores create an atmosphere that will only be amplified by powerful reverberations throughout the church.

DeVotchKa's musical career is as organic as careers come. From their humble beginnings as a small backing band to their widespread success today, DeVotchKa has continued to build their fan base one listener at a time. The band was featured on the soundtrack of *Little Miss Sunshine*, where they scored the whole film. They are sure to give any concertgoer the profound musical experience they desire, which is only amplified by the sanctified setting.

Tickets go on sale February 11th at the IMU Box Office, where students can UBILL up to 8 tickets, and all Ticketmaster locations.

Persons with disabilities are encouraged to call (319) 335-3041 for special seating accommodations.

Common Fund

Thanks to you, the people in the pews, funding of Common Fund exceeded goals last year. According to the Crisis Center, just last month a couple with four children whose sole provider had to take medical leave avoided having their water shut off; a refugee from Africa who is unable to work due to health problems kept his electricity; a disabled worker didn't lose her housing. This is the fund of Last Resort for local folks caught in emergencies with nowhere else to turn.

As of a week in mid-February, Common Fund is empty. The need is high. We thank you for past support and hope you can continue to help. Checks should be made to CRC (Consultation of Religious Communities) with Common Fund on the memo line. PO Box 2025, Iowa City, IA, 52245. We are a caring community--together.





EASTER LILY ORDERS

Orders for Easter Lilies to be displayed on Easter Sunday in honor or in memory of a loved one are being taken from now until April 10. Each lily ordered is \$15.00. Ordering envelopes are located at each of the church entryways as well as behind the Sanctuary. To order a lily or two, please fill out the ordering form and place your check inside of the envelope (made payable to "First United Methodist Church"). You may place your completed form in the offering plate on Sunday, drop it by the church office, or mail it to the church's Business Office. After the lilies have been displayed during our Easter Sunday Services, they may be taken home following the services. Those not taken will be delivered to our home-bound and nursing home members.



Knitting Club for International Women



(NOT to be confused with the *International Women's Knitting Club*)

A grassroots knitting club for women from around the world has been organized by a UI student group to teach both knitting and crocheting skills and offer their finished projects to area agencies benefiting those in need. The club meets on Mondays from 1:00 to 2:45 at New Life Community Church, 106 2nd Ave. Coralville.

The club is greatly in need of supplies:

Yarn, needles, hooks of every size, and any other related materials

You are also invited to join the club and help teach or learn yourself. This is a great opportunity to meet other women from many different countries and help provide things like mittens, hats, and scarves to those who the Crisis Center, Shelter House, and other agencies assist.

Your donations will be collected in a box located in the courtyard entry. Thank you for helping! For more information see Rev. Patte.

Summer Camping at Iowa Conference Sites

- Summer camps beginning June 5; ending August 16
- Programs offered for ages 5 years to Adult
- 3 sites: Okoboji, Wesley Woods, and Pictured Rocks
- Scholarships available



For more information see Rev. Patte

LIBRARY BOOKS AND VISUAL CASSETTES

- Please check to see if you have any church library materials in your possession, and return them to the church as soon as possible. There are MANY items that were checked out more than 6 months (and even YEARS!!) ago that have not been returned.



Easter Lily Order Form



If you would like to place an order for an Easter Lily to be placed in the Chancel area in honor of a loved one or in celebration of the season, please indicate your order and place the form and payment in the collection plate or call the church office at 337-2857. **The deadline for ordering an Easter Lily is April 10.**

Cost: \$15.00 Quantity: _____

In Memory/Celebration (please circle) of: _____

Given By: _____

Will Claim Plant(s) After the Season: Yes ___ No ___

(Plants left after Easter services will be donated to Care Facilities/Shut-Ins)

THE ASP MINISTRY THANKS YOU FOR YOUR SUPPORT.



Come Join the Circle for Elementary Children

March Story:
Jesus the Teacher
Matthew 5: 1-16

The focus for this month will be on the Beatitudes, general blessings, and commissioning of the Disciples through music, drama, art, study, and games.

Not only did you buy subs, which we might add were mighty tasty, you also made additional donations to support this long-term ministry of First Church. Quiznos donated the bread; Hy-Vee gave 10% discount on meat, cheese, and veggies. The funds raised will help send crews from First Church to Appalachia this summer to reach out---to make homes warmer, safer, dryer---and to reach in---to put us in touch with the people of Appalachia. We'd like you to come along and grow with us. Join the crew. It is a life-changing experience.



Invitation – Young Couples Social Gathering

On Saturday evening, March 5, Pastor Barrie and his wife Kae are hosting a social time for Young Couples of our church. This is a time to meet, greet one another, and to get better acquainted. Light refreshments will be provided. Please join us for this social time from 5:30 pm to 7:00 pm in the new Gathering Space and Upper Room.

Growing in Health & Wholeness:

March is Colorectal Cancer Awareness Month



It's no one's favorite topic, but since there are things we can do to reduce our risk, it's good to know the basic facts:

- * Colorectal cancer is cancer of the colon or rectum. It's as common in women as it is in men. It's the second leading cause of cancer death in the U.S.
- * This year, over 142,500 people will be diagnosed with colorectal cancer and nearly 51,400 will die of the disease. With certain types of screening, this cancer can be prevented by removing polyps (grape-like growths on the wall of the intestine) before they become cancerous. Several screening tests detect colorectal cancer early, when it can be more easily and successfully treated.

Who is more at risk?

- * People age 50 and older
- * People who smoke
- * People who are overweight or obese, especially those who carry fat around their waists
- * People who aren't physically active
- * People who drink alcohol in excess, especially men
- * People who eat a lot of red meat (such as beef, pork or lamb) or processed meat (such as bacon, sausage, hot dogs or cold cuts)
- * People with personal or family histories of colorectal cancer or benign (not cancerous) colorectal polyps
- * People with personal histories of inflammatory bowel disease (such as ulcerative colitis or Crohn's disease)
- * People with family histories of inherited colorectal cancer or inherited colorectal problems.

[Cont. on pg. 5](#)

How to reduce your risk

- * Be physically active for at least 30 minutes, at least five days a week
- * Maintain a healthy weight
- * Don't smoke. If you do smoke, quit
- * Eat fruits, vegetables and whole grains to help you get and stay healthy
- * Eat less red meat and cut out processed meat
- * If you're at average risk for colorectal cancer, start getting screened at age 50
- * If you're at higher risk, you may need to start regular screening at an earlier age and be screened more often
- * If you're older than 75, ask your doctor if you should continue to be screened
- * The best time to get screened is **before** you have any symptoms



Many Americans over the age of 50 ignore expert recommendations that they undergo a colonoscopy to screen for colorectal cancer, surveys reveal. Seventy percent of survey respondents admitted that they hadn't done so primarily because of fear of the procedure. Half of those who had undergone a colonoscopy said that the **actual procedure was the easiest aspect of the total experience**, while about three-quarters said that the pre-procedure bowel preparation process was the hardest part of the screening endeavor. *Information from the Prevent Cancer Foundation*

So just do it! Having been there, and done that, I will attest to the prep being the hardest part, and it is a screening that can detect or rule out a very serious illness. Take care of yourself by eating well and exercising, and having those screenings when it's time.

*Be well,
Sage River, Parish Care Ministries*

ASP SMORGASBORD

ANOTHER DELICIOUS A.S.P. SMORGASBORD will be served next Sunday in Fellowship Hall, beginning at 11:30 a.m. You are invited to share the fun, the fellowship and the food ("You price it; you eat it") while supporting an important Outreach Ministry of our church.

Senior Affinity Group

The next meeting will take place on Wednesday, March 9th from 2 to 4 at Walden Place.

We have an unusual topic, suggested by one of the people who attends regularly, but would like to remain anonymous. She said it has been used in other groups she has been a part of, and turns out to be quite interesting, and sometimes funny. So, come prepared to talk about a scar you have on your body. You don't have to *show* the scar – just tell about how you got it (and of course you can pass if you wish to).

We will be having pot-luck snack, so bring whatever you have on hand. And remember: it isn't necessary to bring anything, as there is always more than enough. Just bring your self, and a friend if you like, and relax and enjoy our time together.

Contact Sage at 354-5484 or sage-river@icfirstchurch.org if you would like more information.

AFFINITY GROUP NEWS

What is an Affinity Group? It is a group of people who collectively pursue a common interest. And, at First United Methodist Church, there are several such groups covering a variety of interests.

Please consider joining one of these Affinity Groups.

Group Theme

Contact Person

Senior Friendship & Support Group	Sage River (sage-river@icfirstchurch.org or 354-5484)
Bicycling Affinity Group	Jan and Jim Down (jjdownic@mchsi.com or 354-1820)
Bluegrass	Maynard Smith (maynards@q.com or 337-9901)
Books And Bagels	Betty Mitchell (354-1225) or Nancy Johns (njohns@q.com)
Doers of the Word	Sue Mullins (339-0984) or Linda Fink (338-2860)
Dorcas Group	Bernie Mulford (337-6680)
Environmental Action	Mark Madsen (mark-madsen@uiowa.edu)
Families with Children	Tricia Ross (351-0823)
Films For Fun 'N Faith	Lou Crist (338-5014)
Flames Softball Team	Jane Driscoll (JDRISCOL@aol.com)
Snowshoe/X-C Ski Group	Bruce Tarwater (bruce-tarwater@uiowa.edu or 325-7595)



Sunday Mornings at 9:15 a.m.

Adult Faith Formation:

- o **EXPLORATIONS IN FAITH CLASS:** *Fellowship Hall, Room 3*
On March 6, Robert Weir will begin a study of the Islam Religion
- o **LEGENDS CLASS:** *Room 9*
Bill Moyer's DVD on Genesis

Spiritual Formation Monday Group

March 7th meeting: Room 204

Focus on preparing for Lent; please bring Lenten insert from the newsletter

For more information, call Lorna Cress, 354-1842.

LOOK FOR THE "BUCK BUCKETS"

Because this Sunday is the "First Sunday of the Month" the Buck Buckets will again be passed around to receive your loose change or folding bills in support of the Common Fund of Iowa City and our church's Friendship Fund, both of which are used to meet the emergency needs of members of our community. The need is great but so is our compassion and concern. Thank you for contributing to these important ministries of local outreach.

Caregiver Education

The Heritage Agency is offering a free education session for caregivers who are caring for adults over the age of 60. This session will be held at Pathways Adult Day Center, 817 Pepperwood Lane, Iowa City.

March 17 at 4:15 p.m.

Dealing with Difficult Behaviors

Speaker Sara Sanders, PhD, LSW, Assistant Professor at the School of Social Work, University of Iowa, will talk about the behaviors that caregivers face and the different ways to work through them, helping both themselves and their loved one.



Join this upcoming session by calling (319) 398-5559 or 1-800-332-5934



MAR 2

Phyllis Schump

MAR 3

Janet Greenwald
Joshua Pogue
Alex Maass

MAR 4

Brett Crouse
Jennifer Maiers
Tim Irwin

MAR 5

Joseph Cermak
Bonnie Williams
Judy Cryer
James Houghton
David Fleener
Jessica Drobot
Katie Goldsmith

MAR 6

Sarah Burger
Nick Biancuzzo

MAR 7

Jackie Benson
Sonya Moss
Terry Neuzil
Randi Ricker

MAR 8

Neil Hubbard
Ashlyn Geasland

MAR 9

Miriam Blakely
John Lennarson
Emmy Ball
Jessa Karnell

MAR 10

Betty Henely
Nancy Cree
Cindy Vonderhaar
Delaney Kriz

MAR 11

Melva Ellsworth
Alyssa Wilkinson

MAR 12

Marlyn Mather
Maynard Smith
Suzann Stockman
Perle Cowen
Dale Sanderson
Scott Palmberg
Bryan Hendrickson

MAR 13

Eric Kelley
Roger Knight

MAR 14

Jeff Disterhoft

MAR 15

Karen Williams
Michael Barron
Mary Fox
Carl Hensley
Suzanne Wilkes
Catharine Gordon

Take time to pray - Our Church Family

We Celebrate With:

- Kersten & Kris Marnin on the baptism of their daughter, Eva Ann Marnin, and with Ann & John Houghton on the baptism of their daughter, Raelyn Kate Houghton last Sunday. It is with joy we welcome them both into the Body of Christ and our Faith Family.
- Our newest members, who were received last Sunday: Dion & Linda Baylor, Lauren Steinmetz, and Benjamin Harringa. We welcome them with joy into the Faith Family of First United Methodist Church.

We Pray For:

- The family and friends of Joy Tallent, who died at her home on February 1. A Memorial Service was held at Oaknoll on February 12, and we hold all her family and friends in our prayers.
- Those from our congregation whom we know to be hospitalized:
Mercy: Ferne Higdon, Goldie Elder
- Those recently discharged: Carol Hans; Eleanor Doling; Rachel Ireland, to Iowa City Care Center; and Bea Walters, to Lantern Park.
- All those in need of continued healing including:
Roger & Joyce Sweeting, on the death February 18th of their son, Dale.
Joyce Stumme and family, on the death February 23rd of her sister, Miriam.
John Lennarson, husband of Sherri, and son-in-law of Lorna Cress, as he continues to recover from brain surgery,
Phillip Hagen, friend of Wilma & Larry Retigg, who suffered serious head wounds from a car accident,
Eric Renz, brother of Patte Henderson, as he continues his recovery from surgery,
Johnny Stevens, grandpa of Jenny Becker, as he undergoes tests to rule out bone cancer;
Craig Millard, brother of Lynnda Millard-Sanborn, as he recovers from a heart attack,
Allison Johnson, daughter of Cinda & Bill Tanner, as she is being treated for breast cancer,
Vicki Burketta, friend to many in the congregation, whose cancer has returned,
Melissa Olsen, granddaughter of Darlene Hoskinson, who is hospitalized with an eating disorder,
Martha Roesch as she continues her recovery from a fall at home at the Solon Assisted Living Center,
Skyler Moss, son of Sonya & Steve, undergoing testing to rule out further cancer,
Cathy Nelson, co-worker of Judy Best, whose son, James, became lost in the Colorado mountains, while hiking,
Marlys Stariha, mother of Danette Frauenholtz, who is undergoing chemotherapy for Stage 4 lung cancer in Richmond, VA,
Sharon Campbell, who is suffering from an aggressive bone cancer; Sharon is the aunt of Sherry Mars,
Ron Krueger, friend of Connie & Jim Olson, as Ron undergoes treatment for lung cancer,
Chris Clarke & Jennifer Parrish, friends of Kirk & Ann Perreau, as Chris recovers from a recent stroke,
Michael Flynn, friend of Cindy Cobb, as he is treated for Stage IV cancer,
Ginnie Woodard, who has been diagnosed with adenocarcinoma; she is a friend of Matt Downen,
Danelle Beckman, sister of Mitch Beckman, who is recovering from surgery for thyroid cancer,
Barbra Johnson, friend of Jan Vaught Brezina, as she undergoes chemo and radiation for breast cancer in Kansas City,
Chris Goodale, friend of the Zierke's, as he recovers from Non-Hodgkin Lymphoma,
Steve Wade, brother of Terri Wade, who is receiving chemotherapy for Stage III colon cancer,
Carolyn Kirkman, granddaughter of a friend of Doris Hughes, undergoing treatment for colon cancer,
Conan Dalton, brother-in-law of Jennifer Ballard, who has an inoperable brain tumor,
Wanda Brinton at Atrium Village, and all those in our congregation who are homebound or residing in nursing homes or extended care facilities.
- Those serving in our military:
Nathan Bontrager, son of Carol Bontrager, serving in Afghanistan,
Joshua Klinzman, grandson of Derrill & Irene, deployed to Afghanistan,
Martin Roerman, serving in Afghanistan; Martin is the husband of Angie, and father of Kaitlyn, Dan, Meredith, and Anna,
Chris Rew, son of Terry & Sue Rew, who is deployed to Afghanistan by the National Guard,
Jeremy Hahn, nephew of Judi and Jeff Barta, who is serving in Afghanistan,
Nathan Platz, son of Bob & Kristy Walker, who is now in Virginia,
Joseph Russell, son of Mary Lou Russell, serving in South Korea,
Alan G. Kellogg, son of Gary & Catherine Kellogg, now serving in Iraq,
Chris Miller, son of Harvey & Maxine Miller, who is serving by Army Special Operations,
- The healing of breaking and broken relationships,
- For those struggling with mental illness that they may receive the medical care they need,
- The mission, ministries and staff of First United Methodist Church,
- Bishop Julius Calvin Trimble, East Central District Superintendent David Crow, Field Outreach Minister Jill Sanders, the Iowa Annual Conference, and the Mt. Auburn United Methodist Church and Pastor Steve Callison.
- All those who have been impacted by earthquakes, floods, tornadoes, oil spills, hurricanes and other natural disasters in Iowa, the United States and throughout the world,
- Peace with justice for the world.

2/20/2011 PRESENCE

8:00	75
9:15	70
<u>10:30</u>	<u>220</u>
Total	365

2/27/2011 PRESENCE

8:00	88
9:15	68
<u>10:30</u>	<u>203</u>
Total	359

First Friday Live!

We'll watch **Meet the Robinsons** and enjoy a Robinson family dinner!



**Friday, March 4
6:00 - 8:00 p.m.
Fellowship Hall**



RSVP: 338-9514

STAFF

Lead Pastor
btritle@icfirstchurch.org
Rev. Dr. Barrie Tritle

Director of Little Angels Learning Center
little-angels@icfirstchurch.org
Cathy Stange

Business Manager
hillarybiancuzzo@icfirstchurch.org
Hillary Biancuzzo

Facilities Manager
charles-thiede@icfirstchurch.org
Charles Thiede

Associate Pastor
jonathan-fell@icfirstchurch.org
Rev. Jonathan Fell

Director of Worship & Music Ministries
samuel-kwok@icfirstchurch.org
Samuel Kwok

Office Manager
liz-swanton@icfirstchurch.org
Liz Swanton

Organist
michaeldavidson84@gmail.com
Michael Davidson

Director of Discipleship Min.
patte-henderson@icfirstchurch.org
Rev. Patte Henderson

Director of Parish Care
sage-river@icfirstchurch.org
Sage River

Membership Secretary
claire-bartleson@icfirstchurch.org
Claire Bartleson

Custodian
Teresa Schulte

March 2, 2011

Vol. 36, Issue 5

Radio & Television Ministry: You can listen to a 30 minute radio broadcast of a portion of one of our services on Sunday mornings over KXIC (800 AM) from 9:30 to 10:00 a.m. Our Koimonia Service is broadcast on Public Television Channel 18 on Wednesdays



Return Service Requested

214 East Jefferson Street
Iowa City, Iowa 52245
Phone - 319.337.2857 Fax - 319.337.0485
Email - businessoffice@icfirstchurch.org
WEB: www.icfirstchurch.org

**First United
Methodist Church**

Non-Profit
Organization
U.S. Postage
PAID
Iowa City, Iowa
Permit No. 63